Co-Op Shopper

Feeding families and entrepreneurial spirits

Plant-Based Power Bowls

What's Included:

- Dry Quinoa — **16 oz bag**
- Canned Chickpeas — **2 cans, 15.5 oz each**
- Canned Black Beans — **2 cans, 15 oz each**
- Frozen Shelled Edamame — **12 oz bag**
- Sweet Potatoes — **2 lb bag**
- Baby Spinach — **5 oz package**
- Red Bell Peppers — **2 peppers**
- Fresh Avocados — **2 avocados**
- Tahini — **10 oz jar**
- Fresh Lemons — **2 lemons**
- Roasted Pumpkin Seeds — **8 oz bag**

Bundle Notes

Designed for approximately 4–6 people. Product brands and varieties may vary based on availability. Comparable substitutions may be used when necessary. Please share allergies, dietary restrictions, or reasonable preferences when ordering.