Co-Op Shopper

Feeding families and entrepreneurial spirits

Smoothie & Snack Prep

What's Included:

- Frozen Mixed Berries — **32 oz bag**
- Frozen Mango Chunks — **16 oz bag**
- Baby Spinach — **5 oz package**
- Bananas — **6 bananas**
- Plain Greek Yogurt — **32 oz tub**
- Unsweetened Almond Milk — **64 fl oz carton**
- Natural Creamy Peanut Butter — **16 oz jar**
- Chia Seeds — **12 oz bag**
- Ground Flaxseed — **16 oz bag**
- Old-Fashioned Oats — **18 oz canister**

Bundle Notes

Designed for approximately 4–6 people. Product brands and varieties may vary based on availability. Comparable substitutions may be used when necessary. Please share allergies, dietary restrictions, or reasonable preferences when ordering.