Co-Op Shopper

Feeding families and entrepreneurial spirits

Better Choices Essentials

What's Included:

- Old-Fashioned Oats - **42 oz canister**
- Plain or Low-Sugar Greek Yogurt - **32 oz tub**
- Eggs - **1 dozen large**
- Whole-Grain Bread - **1 loaf**
- Natural Peanut Butter - **16 oz jar**
- Fresh Bananas - **6 bananas**
- Fresh Apples - **3 lb bag**
- Baby Carrots - **1 lb bag**
- Hummus - **10 oz container**
- Mixed Nuts - **16 oz container**
- Whole-Grain Crackers - **12 oz box**
- Unsweetened Sparkling Water - **12-pack, 12 fl oz cans**

Bundle Notes

Designed for approximately 4-6 people. Product brands and varieties may vary based on availability. Comparable substitutions may be used when necessary. This general grocery collection is not intended for a specific medical or therapeutic diet.